

The following health care expenses qualify for reimbursement under a **Flexible Spending Account (FSA)** plan.*

Only health care expenses not reimbursed by insurance can be claimed.

(Rx) Prescription required effective 1/1/2011. (LOMN) Letter of Medical Necessity required from a physician.

Acupuncture (excluding remedies and treatments prescribed by acupuncturist)	Hearing devices and batteries	Psychiatric care
Alcoholism treatment	Herbs (LOMN)	Psychologist and psychiatrist fees
Ambulance	Home health care	Radiology
Artificial limbs/teeth	Hospital bills	Reconstructive surgery in connection with birth defect, disease, or accident (LOMN)
Bedpans and ring cushions	Insulin	Routine physicals and other non-diagnostic services or treatments
Boost®/Pediasure® (LOMN)	Laboratory fees	Smoking cessation over-the-counter drugs (Rx)
Chiropractors	Laser eye surgery	Smoking cessation programs
Christian Science practitioner's fees	Massages (LOMN)	Special supplements (LOMN)
Contact lenses and cleaning solutions	Medical supplies (syringes, needles, etc.)	Special school for disabled child (LOMN)
Co-payments (doctor, dental, vision, pharmacy)	Minerals (LOMN)	Special teeth cleaning system (LOMN)
Costs for physical or mental illness confinement	Multivitamins (LOMN)	Surgical fees
Crutches	Office visits	Therapeutic support gloves (LOMN)
Deductibles	Obstetrics and fertility	Vitamins (LOMN)
Dental fees (cosmetic procedures not eligible)	Oral surgery	Weight loss over-the-counter drugs (Rx)
Dentures	Orthodontic fees	Weight loss programs and fees pertaining to a specific disease (LOMN)
Diagnostic fees	Orthopedic devices (LOMN)	Wheelchair
Dietary supplements and vitamins (LOMN)	Osteopath fees	Wigs for hair loss caused by disease (LOMN)
Endodontist fees	Over-the-Counter drugs that are medically necessary like allergy medications, aspirin, or antacids (Rx)	Vitamins, with doctor's letter of medical necessity
Eyeglasses prescribed by your doctor	Oxygen	X-rays and MRI
Eye examination fees	Periodontist fees	
Eye surgery (cataracts, LASIK, etc.)	Physician fees (cosmetic procedures not eligible)	
Foot spa (LOMN)	Podiatrist fees	
	Prescribed medicines	

Health care expenses that *do not qualify* for reimbursement under a **Flexible Spending Account (FSA)** plan.*

Cosmetic surgery, procedures, and/or medications
Dental bleaching
Hair restoration (procedures, drugs or medications)
Health club or gym memberships for general health
Marriage and family counseling
Over-the-Counter drugs or medications that are not prescribed by your physician
Weight loss programs for general health or appearance
Mail order prescriptions from another country
Premiums you or your spouse pay for insurance coverage (Payroll-deducted premiums sponsored by your employer are eligible under the Premium Only Plan.)

Accepted Over-the-Counter (OTC) Items*

OTC

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Antiseptics

Antiseptic wash or ointment for cuts or scrapes (Rx)
Antiseptic mouthwash (Rx)
Benzocaine swabs (Rx)
Boric acid powder (Rx)
First aid wipes (Rx)
Hydrogen peroxide (Rx)
Iodine tincture (Rx)
Rubbing alcohol (Rx)
Sublimed sulfur powder (Rx)

Cold, Flu, Asthma and Allergy Medications

Allergy medications (Rx)
Bronchodilator/expectorant tablets (Rx)
Bronchial asthma inhalers (Rx)
Cold relief syrup, tablets and drops (Rx)
Cough relief syrup, tablets and drops (Rx)
Flu relief syrup, tablets and drops (Rx)
Homeopathic sinus medications (Rx)
Medicated chest rub (Rx)
Nasal decongestant spray, drops or inhaler (Rx)
Nasal strips to improve congestion (Rx)
Sinus and allergy nasal spray (Rx)
Sinus medications (Rx)
Vapor patch cough suppressant (Rx)

Diabetes

Diabetic lancets
Diabetic needles
Diabetic supplies
Diabetic syringes
Diabetic test strips
Glucose meters
Glucose tablets (Rx)

Ear/Eye Care

Airplane ear protection (LOMN)
Contact lens cleaning solutions
Ear drops for swimmers (Rx)
Ear water-drying aid (Rx)
Ear wax removal drops (Rx)
Homeopathic earache tablets (Rx)

Health Aids

Anti-fungal treatments (Rx)
Denture adhesives
Diuretics and water pills (Rx)
Hemorrhoid relief (Rx)
Lice control (Rx)
Medicated bandages
Motion sickness tablets (Rx)
Respiratory stimulant ammonia (Rx)
Sleeping aids (Rx)

Miscellaneous Items

Adhesive or elastic bandages
Blood pressure meter
Cold or hot compresses
Eye drops (Rx)
Foot spa (LOMN)
Gauze and tape
Gloves and masks
Herbs (LOMN)
Leg or arm braces
Massagers (LOMN)
Minerals (LOMN)
Multivitamins (LOMN)
Saline nose drops (Rx)
Special supplements (LOMN)
Special teeth cleaning system (LOMN)
Thermometers
Vitamins (LOMN)

Pain Relief

Arthritis pain reliever (Rx)
Bunion and blister treatments (Rx)
Itch relief (Rx)
Orajel® (Rx)
Pain relievers, aspirin and non-aspirin (Rx)
Throat pain medications (Rx)

Personal Test Kits

Cholesterol tests
Colorectal cancer screening tests
Home drug tests
Ovulation indicators
Pregnancy tests

Skin Care

Acne medications (Rx)
Anti-itch lotion (Rx)
Bunion and blister treatments (Rx)
Cold sore and fever blister medications (Rx)
Corn and callus removal medications (Rx)
Diaper rash ointment (Rx)
Eczema cream (Rx)
Medicated bath products (Rx)

Stomach Care

Acid reducing gum, liquid and tablets (Rx)
Anti-diarrhea medications (Rx)
Gas prevention tablets or drops (Rx)
Ipecac syrup (Rx)
Laxatives (Rx)
Pinworm treatment (Rx)
Upset stomach medications (Rx)

OTC items - not acceptable*

Aromatherapy
Baby bottles and cups
Baby oil
Baby wipes
Breast enhancement system
Cosmetics
Cotton swabs
Dental floss
Deodorants
Feminine care
Hair regrowth
Low "carb" foods
Low calorie foods
Oral care
Petroleum jelly
Shampoo and conditioner
Skin care
Spa salts
Sun tanning products
Toothbrushes