Matrix Location: Gym

Core Value: Be Responsible


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<th>Teaching Example</th>
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<td>Define Terms:</td>
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<td>Following Directions:</td>
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<tr>
<td>1. Listen to staff</td>
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<tr>
<td>a. look at staff</td>
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<td>b. listen to their words</td>
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<td>c. say OK, I will do that!</td>
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<td>d. Ask questions if you don’t understand.</td>
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Put Equipment away when finished:
1. Place items used in the closet.
2. put small items on shelves
3. bikes go in the back of the closet
4. turn off the lights in the closet.

Listening games:
Teaching the lesson:

1. Listening lotto – have students play a game of listening lotto. Explain why it is important to listen while playing a game. (so you know how to play the game, you don’t get hurt, etc) It is also important to listen while we are in the gym for the same reasons.

2. Putting away gym equipment: teaching in the classroom to put things away where they belong, such as toys, books, personal items. Play the game “where does it go?” Give students an item and ask them, “where does it go?” Example: Johnny, Have the student put the item away in the appropriate place. Talk about how we put things away in the gym when we are finished as well. Have a class discussion, show pictures of gym equipment, ask students where it should go when finished.

3. Read the book, Clean up your room, Harvey Moon, by Pat Cummings or The
Bernstien Bears and the Messy Room By stan Bernstien, have a class discussion about how the characters put things away where they belong so they don’t have a mess.

**Role Play Examples**

**Staff can teach concepts of being responsible in the gym by taking students to the gym for practice gym sessions.**

Practice Gym Session #1:
**Modeling:**
Take the students to the gym for a “practice” gym session. Play the game, Simon Says to practice following rules. Teacher: I will give you a direction, and you have to do this, but only if I say “Simon Says”.

- Give students directions to jump, hop, walk on the black line, etc. Then have them get out gym equipment such as ball.

After the game is over, give students a few minutes of free time to play with the equipment. Remind the students how we played the game “where does it go?” in the classroom. We will be doing this again, in the gym. Call on one student at a time and ask them, “Where does this go?” Example, “Here is a bike. Johnny, where does this go?” (Closet). That’s right! I’d like you to put the bike away in the closet.”

Have students model putting away equipment.

Practice Gym Session #2:
**Small Group Role-play**

Take a small group (2-3 students) to the gym with one staff. Group students according to areas of difficulty in the gym. For example, students that have displayed difficulty following directions about appropriate ball play will go as a small group.

Once in the gym the staff will instruct about the purpose of the practice session. Inform students you will talk about and show them the correct way to play ball responsibly in the gym. Go to a space away from other students who may be in the gym. Role play with one staff and one student how to follow directions during ball play.

4:1 Rule
“Nice job putting the bike away.”
“I like the way you followed directions when I asked you to stop the bike.”
“Thanks for putting the basketball away.”

**Corrective**
“Remember the bikes need to be put in the closet.”